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SAVE THE DATE!
Lower Extremity Update
11/20 -11/21/09

Essentials of Upper Extremity Rehabilitation

November 7-8, 2009

Valley Forge, PA

Pedro K Beredjiklian, MD
Jane M Fedorczyk, PhD, PT, CHT, ATC
Brian G. Leggin, PT, DPT, OCS

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COURSE FACULTY

PEDRO K. BEREDJIKLIAN, MD is the chief of hand and wrist surgery at the Rothman Institute. He is a fellow of the American Academy of Orthopaedic Surgeons and an active member of the American Society for Surgery of the Hand. He is on the editorial board of several journals, including the Journal of Hand Surgery and Clinical Orthopaedics and Related Research. He has authored more than fifty peer reviewed articles, edited three textbooks, as well as numerous book chapters.

JANE M. FEDORCZYK, PHD, PT, CHT, ATC is Director, Post-Professional Clinical Programs, Coordinator, Programs in hand and Upper Quarter Rehabilitation, Clinical Assistant Professor, Physical Therapy and Rehabilitation Sciences, Drexel University, Philadelphia, PA. She is a member of several professional organizations including the American Society of Hand Therapists and the American Association of Hand Surgeons. Jane is currently secretary of the American Hand Therapy Foundation. She is the author of several articles and book chapters in the area of hand and upper extremity rehabilitation and modalities. Jane has lectured at over 100 professional and scientific meetings both nationally and internationally.

BRIAN G. LEGGIN, PT, DPT, OCS is currently an Orthopedic Clinical Specialist for Good Shepherd Penn Partners, Penn Therapy and Fitness at Penn Presbyterian Medical Center. He has published several journal articles and book chapters. In addition, he has given over 100 professional and scientific presentations at national and international conferences. He is an active member of the American Society of Shoulder and Elbow Therapists and a member of the board of the International Congress of Shoulder and Elbow Therapy.

Essentials of
Upper Extremity
Rehabilitation

November 7-8,
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Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Medical Specialty: PT PTA OT
 ATC Other (list): _____

Experience: 0-2 years 3-5 years
 5-10 years 11-20 years > 20 years

Registration Fee:

On or before 10/9/2009 \$375.00

On or after 10/10/2009 \$425.00

Register online at:

www.eliterehabsolutions.com

Make check payable to:

Elite Rehabilitation Solutions

Mail this completed form and payment to:
ELITE REHABILITATION SOLUTIONS
2820 Audubon Village Drive
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E-mail: info@eliterehabsolutions.com

Essentials of Upper Extremity Rehabilitation

November 7-8, 2009

COURSE DESCRIPTION:

This 2 day course is designed to provide participants with the latest evidence for the differential diagnosis, evaluation, surgical management and rehabilitation of common upper extremity disorders from the perspectives of an orthopaedic surgeon and physical therapists who specialize in the treatment of these disorders. This comprehensive program will feature an integrated format of lecture, lab, case studies, and open discussion. There will be both a pre-test and a post-test on the material presented.

COURSE OBJECTIVES:

Upon completion of this course, participants will be able to:

- Gain a working knowledge of the functional anatomy of the upper extremity and how it relates to the differential diagnosis of upper extremity pathology.
- Recognize the pathomechanics and differential diagnosis of various upper extremity disorders and prognosis for rehabilitation.
- Conduct a complete evaluation of the upper extremity and interpret radiology reports and images in order to provide a differential diagnosis for various upper extremity disorders
- Design and implement an appropriate rehabilitation program based on the latest clinical and scientific information.

Course Agenda

Day 1:

- 7:30 am Registration, Continental Breakfast
- 8:15 am Welcome & Pre-test
- 8:30 am Anatomy/Biomechanics of the hand, wrist, and Elbow
- 9:00 am Clinical Examination of the Hand, Wrist, & Elbow
- 10:00 am Discussion/ Questions
- 10:15 am Break
- 10:30 am Current Concepts in Tendon Repairs about the Hand
- 11:15 am Postoperative Management of Tendon Repair
- 12:15 pm Questions/Discussion
- 12:30 pm Lunch
- 1:15 pm Fractures of the Hand & Wrist: Pathology and Surgical Management
- 1:45 pm Rehabilitation following Fractures of the Hand/Wrist
- 2:30 pm Diagnosis and Surgical Management of Nerve Compression Injuries of the Upper Extremity
- 3:00 pm Break
- 3:15 pm Distal Biceps Ruptures: Diagnosis & Surgical Management
- 3:30 pm Rehabilitation following Distal Biceps Repair
- 4:00 pm Elbow Fractures: Indications for Surgery and Goals of Management
- 4:30 pm Rehabilitation following elbow fracture
- 5:00 pm Questions/ Discussion
- 5:15 pm Adjourn

Day 2:

- 7:00 am Continental Breakfast
- 8:00 am Rehabilitation of Nerve Compression Injuries
- 8:45 pm Dupuytren's Disease and Management
- 9:30 am Arthritis & Arthroplasty of the Hand
- 10:15 am Questions/Discussion
- 10:30 am Break
- 10:45 am Pathogenesis, Diagnosis & Management of Tennis Elbow
- 11:30 am Questions/Discussion
- 12:00 pm Lunch
- 12:45 pm Anatomy & Biomechanics of the shoulder
- 1:30 pm Pathophysiology & Management of Rotator Cuff Disease
- 2:30 pm Diagnosis and Management of Frozen Shoulder
- 3:00 pm Break
- 3:15 pm Clinical Examination of the Shoulder (lab)
- 4:00 pm Questions/Discussion
- 4:30 pm Post Test
- 4:45 pm Adjourn

ACCREDITATION INFORMATION:

Application for approval of CEU's have been submitted to PA, NJ, and DE for physical therapy state approval of 14 contact hours or 1.4 continuing education units (CEU's). Check website for updates on approval status.

Course Location:

Homewood Suites Valley Forge

681 Shannondell Boulevard

Audubon, PA 19403

Rooms have been reserved at a conference rate until 10/9/2009:

Studio: \$109

1 Bedroom Suite: \$139

Hotel Registration: 610-539-7300

(standard hotel rates apply after 10/10/09)

Registration Information:

Registration for this course includes course handouts, continental breakfast, afternoon snack. Lunch is on your own.

Cancellation Policy:

Registration fees will be refunded less a \$50.00 handling fee with written cancellation prior to 10/9/2009. No refunds can be awarded after 10/10/2009.

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