Discount for approved Law and Ethics online course with registration!!

Shoulder and Elbow Update 2016 is a two-day conference for occupational and physical therapists, COTA's, PTA's, athletic trainers, nurses, physician assistants and physicians interested in learning the latest concepts and research related to evaluation, treatment and rehabilitation of shoulder and elbow disorders.

REGISTRATION & HOTEL INFORMATION:
This course fills up quickly so early registration is strongly encouraged. Registrations received before October 22nd will receive a discount. Registration includes downloadable course materials and breakfast each day. Handout books are available through pre-order only.

SHOULDER and ELBOW UPDATE 2016
November 18-19, 2016 PHILADELPHIA, PA

COURSE CHAIRMEN:
Gerald R. Williams, Jr., MD • Matthew L. Ramsey, MD • Martin J. Kelley, PT, DPT, OCS • Brian G. Leggin, PT, DPT, OCS

COURSE OBJECTIVES:
Upon completion of this course, participants will have gained the ability to provide a differential diagnosis, evaluation, prognosis and intervention for various shoulder and elbow disorders.

Participants will be able to:
• Use the latest evidence to conduct a complete evaluation of the shoulder and elbow, as well as document treatment outcomes.
• Understand and utilize the most current evidence in understanding the pathogenesis, diagnosis, and management of shoulder and elbow disorders.
• Develop hands-on evaluation and treatment skills.

COURSE INSTRUCTORS:
Course participants will have ample time for discussion and interaction with the orthopaedic surgeons, physicians, therapists, and special guest faculty. Members of the faculty have published numerous peer reviewed articles, books, and book chapters, relating to shoulder and elbow disorders. In addition, they are currently involved in research aimed at advancing the management of shoulder and elbow patients. Members of this faculty have lectured on these topics locally, nationally, and internationally.

SPONSORED BY: The Philadelphia Orthopaedic and Sports Rehab Foundation

Course Description:
SHOULDER and ELBOW UPDATE 2016 is a two-day conference for OT’s, PT’s, COTA’s, PTA’s, athletic trainers, and physicians interested in learning the latest evidence-based concepts and research related to evaluation treatment and rehabilitation of shoulder and elbow disorders. This innovative and comprehensive program features an integrated format of lectures, panel discussions, case study presentations and workshops.

COURSE CHAIRMAN:
Gerald R. Williams, Jr., MD

COURSES FACULTY:
John Bellace, MSPT, CHT
Will Clark, PT, MSc
Michael Denny, PT
Jennifer Frazer, MHS, OTR/L
Joseph Gianoni, PT, OCS
Antje Green, MD
David L. Glaser, MD
Karen Havlicsek, PTA
John D. Kelly, IV, MD
Andrew F. Kuntz, MD
Phil McClure, PhD, PT
Matthew Lewullis, DO
Wendy McCoy, PTA
Michael Piercey, PT, DPT, OCS
Lindsey Rolinski, PT, DPT, OTR/L
Brian J. Sennett, MD
Gayle Severance, OTR/L, CHT
Stephen Thomas, PhD, ATC
Laura Walsh, OTR/L, CHT
Ninette Wong, PT, DPT

GUEST FACULTY:
Amee Seitz, PT, PhD, DPT, OCS

Philadelphia Orthopaedic and Sports Rehab Foundation

Philadelphia, Pennsylvania
201 South Columbus Boulevard

Hilton Philadelphia Penn’s Landing

201 South Columbus Boulevard
Philadelphia, PA 19106

A block of rooms have been reserved at a special room rate until November 1. Please reserve rooms early as there are other events in Philadelphia that weekend.

For hotel information contact the Hilton at 215-928-1234 or go to www.hilton.com.

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Discounted Early Registration Deadline: October 22

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Discounted Early Registration Deadline: October 22
Day 1 Friday, November 18

Time  | Topic/Speaker
--- | ---
6:45 am  | Registration/Continental Breakfast
7:55 am  | Welcome/Introductions
Brian Leggin, PT, DPT, OCS
8:00 am  | The Spectrum of Shoulder Instability and SLAP Lesions
Brian Sennett, MD
8:25 am  | Surgical Management of Instability and SLAP Lesions
Gerald Williams, Jr., MD
8:50 am  | Rehabilitation of Traumatic Instability: non-op and post-op considerations
Aimee Seitz, PT, Ph.D, DPT, OCS
9:15 am  | Rehabilitation of Atraumatic Instability and Considerations following Capsulolabral Repair
Martin Kelley, PT, DPT, OCS
9:40 am  | Break
10:00 am | Classification and Management of Proximal Humerus and Scapular Fractures
David L. Glaser, MD
10:25 am | Rehabilitation of Shoulder Girdle Fractures
Brian G. Leggin, PT, DPT
10:50 am | Pathophysiology and Surgical Management of Shoulder Arthritis: Total and Reverse Arthroplasty
Gerald R. Williams, Jr., MD
11:15 am | Rehabilitation following Conventional and Reverse Shoulder Arthroplasty
Martin Kelley, PT, DPT, OCS
11:40 am | Panel Discussion/Questions
12:15 pm | Lunch
1:30 pm  | Natural History, Examination, and Diagnosis of Rotator Cuff Disease
Matthew Ramsey, MD
1:55 pm  | Subacromial Impingement: Does it exist? Does it matter? What have we learned from US?
Amee Seitz, PT, Ph.D, DPT, OCS
2:15 pm  | Musculoskeletal Ultrasound Diagnosis and Non-op Interventions for Rotator Cuff Disease
Antje Greenfield, MD
2:40 pm  | Non-operative Rehabilitation of Rotator Cuff Disease: Can we “cure” our patients?
Brian Leggin, PT, DPT, OCS
3:05 pm  | Break
3:25 pm  | Rotator Cuff Repair: Who, When, and How?
Gerald Williams, Jr., MD
3:50 pm  | The Role of Mechanical and Biological Augmentation in the Management of Rotator Cuff Tears
Andrew Kunz, MD
4:15 pm  | Rehabilitation Following Rotator Cuff Repair: When should we start? What do we do?
Martin Kelley, PT, DPT, OCS
4:40 pm  | Panel Discussion/Questions
5:00 pm  | Adjourn

Online Lectures: (1.75 hours)
Shoulder Anatomy and Biomechanics
Elbow Anatomy and Biomechanics
Algorithm for Shoulder Rehab

Day 2 Saturday, November 19

Time  | Topic/Speaker
--- | ---
7:00 am  | Continental Breakfast
8:00 am  | Pathogenesis and Management of Elbow Tendinosis
Matthew Lewullis, DO
8:20 am  | A New Approach to the Management of Epicondylitis
John Bellace, PT, CHT
8:40 am  | Elbow Instability and Ulnar Collateral Ligament Injuries: Diagnosis and Surgical Management
Matthew L. Ramsey, MD
9:05 am  | Rehabilitation following UCL Reconstruction
Brian Eckenrod, PT, DPT, OCS
9:25 am  | Fractures about the Elbow: Indications for Surgery and Goals for Surgical Management
Matthew L. Ramsey, MD
9:50 am  | Rehabilitation Principles following Elbow Fracture
Jane Fedorczyk, PT, Ph.D, CHT
10:15 am | Break
10:30 am | Injury Patterns and Examination of the Overhead Athlete
John Kelly, MD
10:50 am | Pathomechanics and Rehabilitation of the Thrower’s Shoulder
Stephen Thomas, Ph.D, ATC
11:10 am | The Effect of Pain on Rotator Cuff Activation and its Influence on Rehabilitation
Phil McClure, PT, PhD
11:30 am  | Pathophysiology and Surgical Management of Frozen Shoulder
G. Russell Huffman, MD
11:50 am  | Guidelines for Rehabilitation of Frozen Shoulder
Martin Kelley, PT, DPT, OCS
12:10 pm | Panel Discussion/Questions
12:30 pm | Lunch
1:30 - 3:00 and 3:15-4:45 | Concurrent Workshops
"Choose two"

Workshop 1:
Clinical examination of the shoulder
Gerald Williams, Jr., MD • John Kelly, MD • Andrew Kunz, MD • Matthew Lewullis, DO

Workshop 2:
Clinical examination of the elbow
Jane Fedorczyk, PhD, PT, CHT • Matthew Ramsey, MD • Wendy McCoy, PT, CHT • Laura Walsh, OTR/L • Gayle Severence, OTR/L, CHT • Jennifer Frazer, MHS, OTR/L

Workshop 3:
Manual techniques for the shoulder and elbow
Will Clark, MS, PT • Martin Kelley, PT, DPT • Amee Seitz, PT, PhD, DPT, OCS

Workshop 4:
Using ultrasound imaging in the clinic: learn and practice diagnostic US
Aimee Seitz, PT, PhD, DPT, OCS • Stephen Thomas, Ph.D, ATC

Workshop 5:
Scapulothoracic Joint: Pathology, Recognition, and Management
Phil McClure, PT, PhD • Brian Eckenrod, PT, DPT, OCS

Workshop 6:
Cervical vs. Arm Pain: Differential Diagnosis and Management
Joseph Gianonzi, PT, OCS

Workshop 7:
Complex Elbow Problems: Mobilization Techniques and Treatment Options
Wendy McCoy, PT, CHT • Lindsay Rolinski, PT, DPT, OTR/L

Registration Form

Name: ________________________________
Home Address: ________________________________
City/State/Zip: ________________________________
Daytime Telephone: ________________________________
Fax: ________________________________
Email: ________________________________

CONFIRMATION will be sent by email only. Please set your inbox to accept email from eliterrahabolutions.com

Medical Specialty:  □ PT/PTA □ ATC □ PA □ Nurse □ Physician □ Other: ________________________________

Years of experience:  □ 0-5 years □ 6-10 years □ 11-15 years □ 16-20 years □ 20+ years

Registration fees will be refunded in full if written cancellation notice is received prior to October 22, 2016. A $35 handling fee will be assessed for cancellations postmarked between October 22nd and November 11th. No refunds will be awarded after November 12th.

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□ Registration for Shoulder and Elbow Update 2016 (checks payable to Philadelphia Orthopedic and Sports Rehab Foundation)
□ Please order me a handout book for an additional $25.00

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TOTAL ENCLOSED:

Please register online at: www.eliterrahabolutions.com

FOR MORE INFORMATION call (484) 685-3123 or email info@eliterrahabolutions.com

Mail to: Elite Rehabilitation Solutions
2820 Audubon Village Drive, #330
Audubon, PA 19403

For more information call (484) 685-3123 or email info@eliterrahabolutions.com

REGISTRATION ONLINE AT: www.eliterrahabolutions.com

OR MAKE CHECK PAYABLE TO: Philadelphia Orthopedic and Sports Rehab Foundation.

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Total Enclosed:

ACCREDITATION INFORMATION
All participants will receive a certificate for contact hours or continuing education units (CEU’s) as approved by governing bodies. Please check the website for accreditation approvals: www.eliterrahabolutions.com