Pedro K Beredjiklian, MD
Brian G. Leggin, PT, DPT, OCS
Wendy McCoy, PT, CHT

Essentials of Upper Extremity Rehabilitation
October 23-24, 2015
Aliquippa (Pittsburgh), PA

COURSE FACULTY

PEDRO K BEREDJIKLIAN, MD is the chief of hand and wrist surgery at the Rothman Institute. He is a fellow of the American Academy of Orthopaedic Surgeons and an active member of the American Society for Surgery of the Hand. He is on the editorial board of several journals, including the Journal of Hand Surgery and Clinical Orthopaedics and Related Research. He has authored more than fifty peer reviewed articles, edited three textbooks, as well as numerous book chapters.

BRIAN G LEGGIN, PT, DPT, OCS is currently an Orthopedic Clinical Specialist for Penn Therapy and Fitness at Good Shepherd Penn Partners. He works with the surgeons and physicians of the Shoulder and Elbow Service of the University of Pennsylvania Health System and Rothman Institute. He has published numerous journal articles and book chapters and given numerous professional and scientific presentations at local, national, and international conferences. He is an active member of the American Society of Shoulder and Elbow Therapists and a member of the board of the International Congress of Shoulder and Elbow Therapy.

WENDELIN J MCCOY PT, CHT is an Advanced Clinician II with Penn Therapy and Fitness at Good Shepherd Penn Partners. She is an integral member working with the Surgeons and Physicians of the University of Pennsylvania Health System hand and elbow services. She is adjunct faculty with Arcadia University and University of the Sciences in areas of hand/elbow dysfunction. She has had numerous publiciations in both peer and non peer reviewed journals. She has presented at ASHT conferences as well as Shoulder/Elbow Update in Philadelphia.

Registration Form

Name _______________________________
Address _____________________________
City _________________________________
State ________________ Zip ____________
Phone _______________________________ E-mail _______________________________

Medical Specialty:  □ PT  □ PTA  □ OT
  □ ATC  □ Other (list): ___________________

Experience: □ 0-2 years  □ 3-5 years
  □ 5-10 years □ 11-20 years □ > 20 years

Registration Fee: $450

Register online at:
www.eliterehabsolutions.com
Make check payable to:
Elite Rehabilitation Solutions
Mail this completed form and payment to:
ELITE REHABILITATION SOLUTIONS
2820 Audubon Village Drive
Suite 330
Audubon, PA  19403
Phone: 484-685-3123
Fax: 610-635-0487
E-mail: info@eliterehabsolutions.com
COURSE DESCRIPTION:
This hybrid course is designed to provide participants with the latest evidence for the differential diagnosis, evaluation, surgical management, and rehabilitation of common upper extremity disorders from the perspectives of an orthopaedic surgeon and physical therapists who specialize in the treatment of shoulder, elbow, and hand disorders. This comprehensive program will feature an integrated format of online lectures, onsite lecture, video, lab and open discussion. There will be both a pre and post test on the material presented.

Audience: All Levels

COURSE OBJECTIVES:
Upon completion of this course, participants will be able to:
- Describe working knowledge of the biomechanics and functional anatomy of UE; list key differences on differential dx of UE pathology
- List 3 pathomechanics for developing differential dx of various UE disorders and prognosis for rehabilitation
- Accurately perform a comprehensive patient hx to develop differential diagnosis of UE dysfunction
- Perform comprehensive evaluation with objective findings:
  - Identify bony landmarks
  - Proficient in palpation skills
  - Perform at least 3 special tests to confirm differential diagnosis
- Demonstrate foundation knowledge of interpreting radiology and imaging by listing 3 findings
- List 3 indications for referral for further medical management
- Through lab/case study discussion develop a comprehensive rehabilitation program and HEP based on latest clinical and scientific information
- Perform a minimum of 3 treatment techniques for management of UE dysfunction
- Identify 2 outcome tools

Pre Course Attendance Lectures: 4.25 hours
Following lectures will be available 3 weeks prior to course date. Complete prior to attendance. Print course completion documents and submit with on site registration
- Advances in Tendon Repairs in hand (.75)
- Fractures—hand/wrist—pathology and surgical management (.5 hour)
- Post operative rehabilitation hand/wrist (.5 hr)
- Elbow Fractures: Indications and goals of surgery (.5 hr)
- Post operative rehab of Elbow fracture (.5)
- Rotator Cuff repair: Surgical Management (.5 hour)
- Post operative Rehab of RC repair (.5 hour)
- Outcome tools (.5 hour)
We will not be able to allocate course CEU’s for completion of this course portion until forms are received. We will modify CEU certificates by 4.25 hours at a $25/certificate fee.

Day 1:
2:30 pm  Registration and Pre test
3:00 pm  Anatomy/Biomechanics of the hand, wrist, and Elbow
3:45 pm  Clinical Examination of the Hand, Wrist, & Elbow (lecture and lab)
5:15 pm  Post Operative management—Tendon Repair
6:15 pm  Break
6:30 pm  Rehab of Nerve Compression Injuries of UE
7:15 pm  Critical Thinking: Case Study
7:45 pm  Adjourn

Day 2:
7:30 am  Continental Breakfast
7:45 am  Rehabilitation of stiff hand, wrist, elbow
8:30 am  Pathogenesis, Diagnosis & Management of Elbow Tendinosis
9:30 am  Anatomy & Biomechanics of the shoulder
10:15 am  Questions/Discussion/ Break
10:30 am  Pathophysiology and Management of Rotator Cuff Disease
11:30 am  Rehabilitation Shoulder arthritis and arthroplasty
12:00 pm  Lunch
12:45 pm  Diagnosis and Management of Frozen Shoulder
1:15 pm  Clinical Examination of the Shoulder (lab)
2:15 pm  Manual Techniques & ROM of the Shoulder (lab)
3:15 pm  Break
3:30 pm  Critical Thinking: Active implementation Case Study (group)
4:15 pm  Post Test and Review
4:30 pm  Adjourn

ACCREDITATION INFORMATION:
Submitted to PA: Physical Therapy and Occupational Therapy Board for 16 credit hours
Elite is a NY State approved provider for PT continuing education NATBOC provider # 8960

Course Location:
Keystone Physical Therapy
3109 Green Garden Road
Aliquippa, PA 15001

Lodging:
Embassy Suites Pittsburgh - Airport
550 Cherrington Parkway
Coraopolis, Pennsylvania 15108
Tel: 1-412-269-9070
Hampton Inn—Pittsburgh Airport
8514 University Boulevard,
Moon Township, Pennsylvania,15108-4205
Tel: 1-412-264-0020

Registration Information:
Registration for this course includes course handouts, continental breakfast, Lunch is on your own.

Cancellation Policy:
Registration fees will be refunded less a $50.00 handling fee with written cancellation up to 2 weeks prior to course. No refunds after 2 weeks prior to course date.