

Temporomandibular Dysfunction: Evaluation, Management and Rehabilitation

**Course Date:
November 15, 2014**

**Course Location:
Bryn Mawr Rehabilitation
414 Paoli Pike
Malvern, PA 19355**

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COURSE FACULTY

THOMAS SOLLECITO, DMD is Chair of the Department of Oral Medicine and Professor of Oral Medicine. University of Pennsylvania School of Dental Medicine. He graduated with his DMD degree from the University of Pennsylvania School of Dental Medicine. He is a reviewer for Oral Surgery, Oral Medicine, Oral Pathology, Oral Radiology, and Endodontology and the Journal of the American Dental Association. He has an interest in muscular and joint dysfunction and authored numerous papers in TMD

TIM BAYRUNS, PT, DPT, OCS, CSCS is Orthopedic Team Leader with Good Shepherd Penn Partners. He has over 26 years of clinical and mentorship experience. He holds an OCS from the APTA; and CSCS from the NCSA. He is adjunct faculty at Thomas Jefferson University specializing in education regarding spine and TMD. He is active in clinical research and published in the APTA-Orthopaedic Physical Therapy Practice Journal. His most recent publications include outcomes of physical therapy in TMD and use of passive ROM devices in TMD population.

DIANA HEARN, PT, DPT, OCS Team Leader for Penn Therapy and Fitness, Good Shepherd Penn Partners (GSPP)-Penn Medicine at Radnor. She has over 30 years of clinical experience. She has her OCS from APTA; APTA CI credentialing certification in 2008; and Doctorate in Physical. Dr. Hearn has a special interest in manual therapy completing manual therapy certification classes from Univ of St Augustine. She is team leader for the TMD program within GSPP, establishing clinical care guidelines and competency training for staff. She is adjunct faculty in the Department in PT Dept at Arcadia University, and guest lectures in local PT programs on TMD. She is currently active in TMD research with the University of Pennsylvania Dental School. She has contributed poster presentations on TMD at PPTA and APTA conference.

Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Medical Specialty: PT/PTA OT/COTA

ATC Other (list): _____

Experience: 0-2 years 3-5 years

5-10 years 11-20 years > 20 years

Registration Fee:

\$325 3 weeks prior to course date

\$350 Less than 3 weeks prior to course date

Make check payable to:

Elite Rehabilitation Solutions

Mail this completed form and payment to:
ELITE REHABILITATION SOLUTIONS
2820 Audubon Village Drive
Suite 330
Audubon, PA 19403

Phone: 484-685-3123

Fax: 610-635-0487

E-mail: info@eliterehabsolutions.com

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TMD: Evaluation, Management and Rehabilitation:

This course is designed to provide the participants with the latest evidence for the evaluation, medical management and rehabilitation of TMD. Content is presented in a hybrid format with on line pre-requisite lectures and one day class attendance. Medical management is presented by a Dentist specializing in treatment and management of TMD. Rehabilitation content will include the latest evidence for evaluation/treatment of TMD based on differential diagnosis of masticatory muscle versus joint disorders including hypermobility, and associated cervical disorders. Class is presented in an integrated format of on line lectures, class lectures, video, lab and case presentation/analysis. This course is applicable for the clinician treating TMD and upper cervical dysfunction. Instruction level is beginner through intermediate and is applicable for the therapist treating without a referral.

COURSE OBJECTIVES:

- Describe the working knowledge of the Anatomy and Biomechanics the Upper cervical spine and Temporomandibular joint and list key difference leading to development of differential diagnosis.
- Identify and list 6 muscles of mastication, innervation and function.
- Identify and list at least 2 observations where postural dysfunction has an affect/link with TMD.
- Accurately perform a comprehensive patient history to develop a differential diagnosis of TMD
- Perform comprehensive evaluation and objective testing by demonstrating accurate performance of palpation of muscles of mastication (6), identify (5) key bony landmarks and measurements of mandibular function.
- Identify/list at least 3 indications for referral for further medical management

- Perform a minimum of 3 examination techniques independently to develop a differential dx
- Through lab and case study discussion, develop a comprehensive TMD program based on current evidence based research
- Accurately perform a minimum of 3 treatment techniques.
- Through case study and discussion, develop a home program and instruction for patient self management.
- Identify at least 2 outcome tools for TMD and documenting patient progress.

Pre Course Attendance Lectures

Following lectures will be available 3 weeks prior to course date . Complete prior to attendance. Print course completion documents and bring on registration. (5 CEU)

- Epidemiology/Classification of disease (15 min)
- Anatomy and Biomechanics of Upper Cervical and Temporomandibular Joint (1hr)
- Patient history - medical perspective (15 min)
- Patient history- Therapy perspective (30 min)
- Differential Diagnosis—Diagnostic and Imaging (1 hr)
- Medical Management—Non operative Treatment Algorithm (1hr)
- Medical Management -Operative Treatment options (30 min)
- Use of Clinical Outcome Tools (30 min)

We will not be able to allocate course CEU's for completion of this course portion until forms are received. We will modify CEU certificates by 5 hours at a \$25/certificate fee.

COURSE AGENDA- On Site

7:30 am Registration & Pre-Test

8:00 am Q and A Distance Lectures

8:15 am Clinical Exam (lect/lab / video)

- Identify—bony landmarks, MOM. Postural Assessment
- Objective measures—AROM—upper cervical and TMD
- Special Tests

10:15 am Break

10:30 am Bio-psychosocial and Postural aspects of TMD

11:15 am Evaluation and Differential Diagnosis

- TMD vs Cervical Spine

12:00 pm Questions/ Discussion Lunch (on your own)

12:45 pm Management and Treatment of TMD and Orofacial Pain

- Pain management techniques
- Exercise prescription
- Patient Education
- Home Exercise Prescription

1:45 pm Treatment Techniques (Lecture/ Lab/ Video)

- Manual Therapy—STM
- Joint Mobilization and ROM techniques
- Cervical/Thoracic Thrust Techniques

3:45 pm Group Review/ Discussion

4:00 pm Critical Thinking and Clinical Decision Making: Case Study Analysis (group and break out)

5:00 pm Post test (complete and review)

5:30 pm Adjourn

ACCREDITATION INFORMATION:

Pending approval : submission for 13 credit hours. Elite is a NY State approved provider and NATABOC approved provider

Course Location :
Bryn Mawr Rehabilitation
414 Paoli Pike
Malvern, PA 19355

Lodging: (provided for convenience but not Elite endorsed)
Holiday Inn Express (~ 4 miles)
1 Morehall Road
Frazer, PA 19355
Tel: 1-610-651-0400
Fax: 1-610-647-9434

Staybridge Suites (~ 4 miles)
20 Morehall Road
Malvern, PA 19355
610 296 4343

Registration Information:
Registration includes course handouts, and continental breakfast
Lunch is on your own.

Cancellation Policy:
Refunds less \$75 will be given for cancellation requests in writing up to 14 days prior to course. No refunds can be granted after that date.

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